



CRONOTECA

Pos.	Dor.	Nome	Equipo	Tem1	km/h1	Tem2	km/h2	Tem3	km/h3	Tem4	km/h4	Tempo T.	Media	Desv.
1	120	Ángel Manuel GONZÁLEZ GÓMEZ		1:24:03	4,854	1:21:30	4,638	1:29:54	4,805	1:11:18	4,797	5:26:46	4,774	0.068
2	186	Fernando MARTÍNEZ SÓÑORA		1:16:48	5,312	1:10:51	5,335	1:23:11	5,193	1:06:27	5,147	4:57:18	5,247	0.077
3	19	Alba BARBEITO GREGORES	Cornelios Marqués de Vizhoj	1:20:30	5,068	1:11:31	5,285	1:23:29	5,175	1:08:16	5,010	5:03:49	5,135	0.096
4	25	David BAS FERNANDEZ	Cornelios Marques de Vizhoj	1:20:37	5,061	1:11:35	5,281	1:23:23	5,181	1:08:15	5,011	5:03:52	5,134	0.097
5	206	Ramon OMIL CORTEGOSO		1:18:32	5,195	1:17:41	4,866	1:28:35	4,877	1:09:29	4,922	5:14:19	4,963	0.114
6	180	Bea MARTINEZ MOAR	Trabandainas	1:17:41	5,252	1:14:52	5,049	1:22:46	5,219	1:01:52	5,528	4:57:13	5,249	0.128
7	216	Manolita PEDREIRA PRESEDO	Trabandainas	1:17:38	5,255	1:14:57	5,043	1:22:50	5,215	1:01:48	5,534	4:57:15	5,248	0.132
8	270	Monica RODRÍGUEZ LAGO		1:18:28	5,200	1:16:34	4,937	1:24:46	5,096	1:03:06	5,420	5:02:55	5,150	0.147
9	257	Maria RIOS LOIRA	Xesteiras	1:14:04	5,509	1:10:11	5,386	1:16:56	5,615	0:57:55	5,905	4:39:08	5,589	0.156
10	179	Beatriz Romina MARTÍNEZ MIRAN	Xistra	1:07:41	6,028	1:03:10	5,984	1:15:43	5,705	0:54:21	6,293	4:20:56	5,979	0.160
11	211	Ignacio OTERO SOTO		1:17:36	5,258	1:09:08	5,468	1:21:19	5,313	0:58:36	5,836	4:46:40	5,442	0.183
12	236	Javier PONTE ABEIJON	Trabandainas	1:18:52	5,173	1:13:24	5,150	1:25:03	5,079	1:00:26	5,659	4:57:47	5,239	0.184
13	232	David Eladio PINAL OTERO		1:27:11	4,680	1:19:05	4,780	1:30:33	4,771	1:04:50	5,275	5:21:40	4,850	0.186
14	308	Arturo Ramon TRILLO BLANCO	Xesteiras	1:15:40	5,392	1:11:34	5,282	1:24:59	5,083	0:59:46	5,722	4:52:00	5,342	0.188
15	302	María Dolores TIRADOS PRIETO		1:26:59	4,691	1:19:34	4,751	1:30:18	4,784	1:04:44	5,283	5:21:36	4,851	0.190
16	119	Antonio GONZALEZ FERNANDEZ	ITBS	0:59:53	6,813	0:58:35	6,452	1:09:36	6,207	0:54:28	6,279	4:02:33	6,432	0.194
17	291	Javier SARANDESES PEDROUSO	CdM XESTEIRAS	1:16:21	5,344	1:15:59	4,975	1:22:25	5,242	1:00:26	5,659	4:55:12	5,285	0.196
18	194	José Miguel MERINO ENCINAS	Clube de Montaña Xistra	1:00:39	6,727	0:57:47	6,542	1:09:43	6,197	0:54:27	6,281	4:02:37	6,430	0.198
19	51	Susana CARREIRA FERNÁNDEZ	Club montaña caxado	1:10:23	5,797	1:09:55	5,406	1:22:12	5,255	1:00:15	5,676	4:42:47	5,517	0.203
20	231	Manuel PEREZ SOUTO		1:09:00	5,913	1:11:26	5,292	1:21:08	5,325	1:02:34	5,466	4:44:09	5,490	0.203
21	250	Javier REY FERNÁNDEZ	Club montaña caxado	1:10:25	5,794	1:09:47	5,417	1:22:21	5,246	1:00:09	5,686	4:42:43	5,518	0.204
22	309	Ruben TRILLO CAAMAÑO	Trabandainas	1:06:55	6,097	1:04:05	5,899	1:09:53	6,182	0:51:32	6,636	4:12:26	6,180	0.205
23	212	Verónica PAMPILLON SEIJO	Xistra	1:06:18	6,154	1:05:56	5,733	1:14:07	5,829	0:54:47	6,243	4:21:10	5,973	0.208
24	142	Daniel LAREO CREO	Tribu Trail	0:59:59	6,802	0:58:03	6,512	1:10:37	6,118	0:51:34	6,632	4:00:15	6,493	0.210
25	101	Jose Luis FILGUEIRA POZA		1:07:02	6,087	1:06:21	5,697	1:19:55	5,406	0:58:23	5,858	4:31:42	5,742	0.211

26	164	Vanessa MANEIRO CAAMAÑO		1:06:27	6,140	1:03:04	5,994	1:09:12	6,243	0:50:46	6,737	4:09:31	6,252	0.217
27	147	Samuel LEÓN MEIRA		1:12:58	5,592	1:13:21	5,153	1:29:28	4,829	1:04:59	5,263	5:00:47	5,186	0.218
28	190	Jose Antonio MAYO AGRAFOJO		1:21:14	5,023	1:25:13	4,436	1:29:20	4,836	1:06:41	5,129	5:22:29	4,837	0.220
29	22	Moises BARRIO BAYO	CLUB PEÑA TREVINCA BARCO	1:04:03	6,370	1:05:24	5,780	1:15:02	5,757	0:56:28	6,057	4:20:59	5,977	0.222
30	30	Victor Manuel BOTANA FERREIR	CLUB TRABANDAINAS	1:21:11	5,026	1:25:21	4,429	1:29:14	4,841	1:06:41	5,129	5:22:29	4,837	0.223
31	260	Maria Jesus RIVAS MOSCOSO	VÍA LÁCTEA	1:15:35	5,398	1:14:39	5,064	1:26:05	5,018	1:01:18	5,579	4:57:39	5,241	0.224
32	28	Fina BLANCO PENA	C.D. 21 LEGUAS	0:59:58	6,804	1:00:58	6,200	1:08:16	6,328	0:51:37	6,626	4:00:51	6,477	0.225
33	67	Ana Maria DASILVA CASTRO	XESTEIRAS O	1:07:38	6,033	1:01:05	6,188	1:11:58	6,003	0:50:52	6,723	4:11:34	6,201	0.226
34	20	David BARCIA CERQUEIRO		1:18:31	5,196	1:08:20	5,532	1:21:34	5,296	0:58:12	5,876	4:46:38	5,442	0.229
35	299	Dionisio SOTO AMIL	Xistra	1:12:46	5,607	1:09:05	5,472	1:16:52	5,620	0:54:53	6,231	4:33:37	5,701	0.234
36	21	Victor BARCIA PAVON		1:18:31	5,196	1:08:17	5,536	1:21:43	5,287	0:58:07	5,885	4:46:40	5,442	0.234
37	56	Ricardo CATOIRA MARIÑO	Xesteiras	1:07:21	6,058	1:03:21	5,967	1:10:06	6,163	0:50:50	6,728	4:11:38	6,199	0.235
38	104	Xose Lois FREIXEIRO LOPEZ	CLUBE DE MONTAÑA XISTRA	1:20:11	5,088	1:16:22	4,950	1:36:56	4,457	1:06:50	5,117	5:20:20	4,870	0.239
39	103	Henrique FREIXEIRO CAMESELL	CLUBE DE MONTAÑA XISTRA	1:20:11	5,088	1:16:22	4,950	1:36:57	4,456	1:06:50	5,117	5:20:20	4,870	0.240
40	47	Silvia CARAMES GONZALEZ		1:20:28	5,070	1:15:58	4,976	1:37:08	4,447	1:07:10	5,092	5:20:45	4,864	0.241
41	329	Santiago MOROÑO ARENAS		1:14:35	5,470	1:09:59	5,401	1:14:15	5,818	0:56:47	6,023	4:35:37	5,660	0.242
42	192	Juan Carlos MEAÑOS CASTRO	trabandainas	1:12:35	5,621	1:15:56	4,978	1:25:55	5,028	1:03:50	5,358	4:58:18	5,230	0.243
43	224	Francisco M. PÈREZ GÒMEZ	Trabandainas	1:12:35	5,621	1:15:51	4,984	1:26:00	5,023	1:03:43	5,368	4:58:11	5,232	0.245
44	86	Andrea FERNÁNDEZ BLANCO		1:18:43	5,183	1:16:05	4,968	1:32:14	4,684	1:02:43	5,453	5:09:46	5,036	0.246
45	274	Javier RODRÍGUEZ SANTOS	Sachacamiños	1:15:34	5,399	1:08:27	5,522	1:18:53	5,476	0:55:21	6,179	4:38:16	5,606	0.248
46	1	Paula ABEIJÓN CASTRO	HboAndainers	1:18:51	5,174	1:16:14	4,958	1:32:12	4,685	1:02:32	5,469	5:09:51	5,035	0.250
47	17	Pablo ARUFE LIRES		1:12:54	5,597	1:13:23	5,151	1:17:32	5,572	0:55:46	6,133	4:39:37	5,579	0.252
48	280	Natividad ROMERO VIÑAS		1:06:21	6,149	1:01:35	6,138	1:06:15	6,521	0:50:24	6,786	4:04:37	6,377	0.255
49	102	Carlos FONTANO GARCIA	Trabandainas	1:06:44	6,114	1:06:48	5,659	1:19:24	5,441	0:56:46	6,025	4:29:43	5,784	0.260
50	109	Rafael GARCÍA PEREZ		1:12:52	5,599	1:09:16	5,457	1:11:55	6,007	0:56:06	6,096	4:30:09	5,775	0.262
51	277	Moncho ROMANO CRUJEIRAS	Sachacamiños	1:06:06	6,172	1:07:59	5,560	1:22:03	5,265	1:02:08	5,504	4:38:17	5,606	0.264
52	13	Oskar ALVAREZ RIVEIRO	OS TORAKKA	1:04:24	6,335	1:05:16	5,792	1:14:59	5,761	0:54:29	6,277	4:19:09	6,020	0.265
53	283	Alberto RUIBAL ARGIBAY		1:10:30	5,787	1:02:04	6,090	1:14:27	5,803	0:52:08	6,560	4:19:10	6,019	0.265
54	54	Margarita CASTIÑEIRA POSE	Equilibrium arteixo	1:20:41	5,057	1:09:12	5,462	1:24:27	5,115	0:59:12	5,777	4:53:33	5,314	0.267
55	269	German RODRÍGUEZ HOLGUIN		1:13:37	5,542	1:19:46	4,739	1:25:49	5,034	1:04:33	5,298	5:03:47	5,135	0.267
56	77	Manuel DOMÍNGUEZ REGUEIRA	Equilibrium arteixo	1:20:41	5,057	1:09:07	5,469	1:24:30	5,112	0:59:13	5,775	4:53:32	5,315	0.269
57	209	Amalia OTERO GONZALEZ	Xistra	1:17:35	5,259	1:14:54	5,047	1:26:13	5,011	0:58:14	5,873	4:56:58	5,253	0.269
58	247	Demetrio REQUEJO FERNÁNDEZ	Peña Trevinca	1:00:06	6,789	1:00:56	6,204	1:09:12	6,243	0:50:41	6,748	4:00:56	6,475	0.272
59	322	Pablo VILARELLE LÓPEZ	REPECHITOS	1:09:10	5,899	1:07:17	5,618	1:15:44	5,704	0:52:30	6,514	4:24:43	5,893	0.273
60	105	Paula FUENTES		1:08:59	5,914	1:10:50	5,336	1:19:09	5,458	0:57:16	5,972	4:36:17	5,646	0.273
61	310	Samuel TUBIO DAVILA		1:08:59	5,914	1:10:39	5,350	1:19:22	5,443	0:57:14	5,976	4:36:16	5,647	0.274
62	185	Dolores MARTÍNEZ SÁNCHEZ		1:13:23	5,560	1:19:56	4,729	1:25:55	5,028	1:04:32	5,300	5:03:48	5,135	0.275

63	195	José Manuel MOLEDO OLVEIRA	Trabandainas	1:08:26	5,962	1:11:13	5,308	1:22:49	5,216	1:00:20	5,669	4:42:49	5,516	0.276
64	146	Roman LEMOS PORTAS		1:09:11	5,897	1:08:53	5,488	1:23:06	5,199	0:58:00	5,897	4:39:11	5,588	0.277
65	319	Fernando VICENTE ALONSO	Xistra	1:12:59	5,590	1:13:45	5,125	1:34:15	4,584	1:08:33	4,989	5:09:34	5,039	0.286
66	253	Carlos RIAL GERPE	Trabandainas	1:21:04	5,033	1:25:33	4,418	1:27:38	4,930	1:02:48	5,446	5:17:04	4,920	0.287
67	71	Xose DO PAZO DIAZ	Xistra	1:20:11	5,088	1:11:53	5,259	1:20:36	5,360	0:56:23	6,066	4:49:05	5,396	0.288
68	168	Antonio MARIÑO MARIÑO	ITBS	1:12:20	5,641	1:11:36	5,279	1:24:06	5,137	0:57:39	5,932	4:45:41	5,461	0.289
69	204	Francisco NÚÑEZ TOMÉ	TRABANDAINAS	1:21:15	5,022	1:25:34	4,418	1:27:39	4,929	1:02:35	5,465	5:17:05	4,920	0.289
70	258	Jose RIOS VAZQUEZ	ITBS	1:00:33	6,738	1:04:30	5,860	1:09:05	6,253	0:52:20	6,535	4:06:28	6,329	0.290
71	68	Henar DE DIEGO DE DIEGO	XISTRA	1:12:38	5,617	1:14:02	5,106	1:28:27	4,884	1:01:49	5,532	4:56:58	5,253	0.290
72	177	Ramona MARTÍNEZ DOCE		1:12:11	5,652	1:10:45	5,343	1:19:05	5,463	0:54:08	6,318	4:36:11	5,648	0.291
73	304	Salvador TOREA CERNADAS	Trabandainas	1:11:22	5,717	1:12:30	5,214	1:22:08	5,260	0:57:43	5,925	4:43:45	5,498	0.292
74	294	José Carlos SENOVILLA SANZ	XISTRA	1:12:37	5,619	1:14:30	5,074	1:28:01	4,908	1:01:51	5,530	4:57:00	5,253	0.292
75	126	Francisco Daniel GONZALEZ ROD	OS TORAKKA	1:09:06	5,904	1:02:36	6,038	1:10:05	6,164	0:49:42	6,881	4:11:30	6,203	0.295
76	221	Ceferina PEREZ FERNANDEZ	CLUB PEÑA TREVINCA BARC	1:04:04	6,368	1:02:34	6,042	1:12:58	5,921	0:50:28	6,777	4:10:06	6,238	0.296
77	176	Milagros MARTÍNEZ DÍAZ		1:06:28	6,138	1:05:02	5,812	1:19:57	5,403	0:54:37	6,262	4:26:06	5,862	0.296
78	272	Luz RODRÍGUEZ POTEL		1:12:18	5,643	1:10:39	5,350	1:19:14	5,452	0:53:57	6,339	4:36:10	5,649	0.298
79	317	Marisol VÁZQUEZ MARTELO	Trabandainas	1:11:12	5,730	1:12:37	5,205	1:22:15	5,252	0:57:41	5,929	4:43:47	5,497	0.300
80	132	Alberto IGLESIAS PAZOS		1:12:05	5,660	1:13:51	5,118	1:35:20	4,531	1:07:56	5,034	5:09:12	5,045	0.303
81	210	Fernando OTERO MOSQUERA		1:24:29	4,829	1:16:51	4,919	1:21:28	5,303	1:00:23	5,664	5:03:13	5,145	0.304
82	62	María CREO BEIRO	CDM XESTEIRAS	1:16:04	5,364	1:19:48	4,737	1:30:05	4,796	1:03:30	5,386	5:09:28	5,041	0.304
83	114	Pablo GÓMEZ GÓMEZ		1:17:33	5,261	1:28:51	4,254	1:31:18	4,732	1:09:05	4,951	5:26:49	4,773	0.306
84	325	Germán VILLANUSTRE ABUIN	Sd Barbantia Roda	1:00:53	6,701	1:04:04	5,900	1:09:49	6,188	0:51:39	6,621	4:06:27	6,330	0.308
85	6	Monica ALEMPARTE COCIÑA		1:18:23	5,205	1:11:12	5,309	1:34:36	4,567	1:02:36	5,463	5:06:49	5,084	0.310
86	157	Inma LOPEZ PAIS		1:17:28	5,267	1:28:59	4,248	1:31:15	4,734	1:09:00	4,957	5:26:43	4,775	0.310
87	121	Francisco GONZÁLEZ LOJO	Trabandainas	1:10:04	5,823	1:06:36	5,676	1:22:21	5,246	0:53:56	6,341	4:32:58	5,715	0.311
88	187	Carmen María MARTÍNEZ TRIGO	ITBS	1:08:50	5,927	1:13:06	5,171	1:17:40	5,562	0:56:31	6,051	4:36:08	5,649	0.311
89	266	Ricardo RODRIGUEZ FERRER	CLUB PEÑA TREVINCA BARC	1:12:10	5,654	1:15:43	4,992	1:26:30	4,994	1:01:16	5,582	4:55:42	5,276	0.312
90	298	Yanira SOMOZA LOPEZ		1:17:28	5,267	1:29:01	4,246	1:31:16	4,733	1:08:51	4,967	5:26:38	4,776	0.313
91	281	Manuel ROZADOS PENELAS		1:18:18	5,211	1:11:11	5,310	1:34:45	4,559	1:02:35	5,465	5:06:51	5,084	0.314
92	240	Juan Ramón PRIETO OTERO		1:23:03	4,913	1:12:51	5,189	1:21:12	5,320	0:56:37	6,041	4:53:44	5,311	0.315
93	191	Juan Jose MAYO BALDERRÁBAN		1:17:29	5,266	1:29:00	4,247	1:31:24	4,726	1:08:49	4,970	5:26:43	4,775	0.315
94	199	Olalla MUIÑO RODRÍGUEZ		1:20:48	5,050	1:25:52	4,402	1:27:03	4,963	1:01:38	5,549	5:15:22	4,947	0.316
95	92	Sonia FERREIROS CREO		1:20:49	5,048	1:25:52	4,402	1:27:03	4,963	1:01:34	5,555	5:15:19	4,947	0.317
96	60	Estela COTELO PUEYO		1:20:35	5,063	1:22:59	4,555	1:38:17	4,395	1:06:20	5,156	5:28:13	4,753	0.317
97	16	Jesús AMIEIRO BECERRA	Xistra	1:21:01	5,036	1:19:39	4,746	1:32:48	4,655	1:00:40	5,637	5:14:09	4,966	0.318
98	200	Sandra MUÑIZ POSE		1:06:26	6,141	1:06:03	5,723	1:22:32	5,234	0:56:04	6,100	4:31:05	5,755	0.321
99	297	Jonathan SERVIA MANDOME		1:06:55	6,097	0:58:39	6,445	1:07:26	6,406	0:47:12	7,246	4:00:13	6,494	0.322

100	252	Jose Antonio REY ROMERO		1:06:46	6,111	1:06:24	5,693	1:22:00	5,268	0:55:43	6,138	4:30:54	5,759	0.322
101	172	Pedro Constante MARTÍN CORB	Trabandainas	1:04:50	6,293	1:04:14	5,885	1:12:42	5,942	0:50:01	6,838	4:11:49	6,195	0.326
102	278	Cesar ROMAY GOMEZ	Xesteiras	1:07:25	6,052	1:04:58	5,818	1:14:06	5,830	1:07:59	5,031	4:34:29	5,683	0.326
103	89	Julio FERNÁNDEZ OITABEN	Xistra	1:06:04	6,176	1:06:24	5,693	1:24:42	5,100	0:58:19	5,865	4:35:31	5,662	0.326
104	8	Victor Manuel ALMEIDA FERREIR	AROMON	1:10:34	5,782	1:13:57	5,112	1:31:59	4,697	1:03:55	5,351	5:00:25	5,193	0.331
105	83	Jairo ESTEVEZ MARTINEZ	Metas imposible team	1:14:02	5,511	1:18:00	4,846	1:34:06	4,591	1:05:07	5,252	5:11:17	5,012	0.332
106	197	Jose Manuel MOREIRA FUENTES	XESTEIRAS	1:15:29	5,405	1:10:42	5,347	1:21:32	5,298	0:54:03	6,327	4:41:48	5,536	0.337
107	65	Cesar CUBREIRO DIOS	Trabandainas	1:08:50	5,927	1:09:38	5,428	1:27:53	4,916	0:59:17	5,769	4:45:40	5,461	0.338
108	203	Domingo NÚÑEZ AGUADO	O Cordal	1:25:43	4,760	1:16:38	4,933	1:20:40	5,355	1:00:07	5,689	5:03:09	5,146	0.338
109	85	Mercedes FERNADEZ REY	XESTEIRAS	1:15:30	5,404	1:10:42	5,347	1:21:40	5,290	0:54:00	6,333	4:41:53	5,534	0.340
110	66	Susana DA COSTA CERZON		1:14:15	5,495	1:17:56	4,850	1:34:29	4,572	1:04:40	5,289	5:11:23	5,010	0.340
111	205	Mercedes Giselle OCAMPO	Metas imposible team	1:14:17	5,492	1:17:54	4,852	1:34:31	4,571	1:04:36	5,294	5:11:20	5,011	0.341
112	285	Norberto SAIZ RUIZ	BOX001 RUN MANIAK	1:06:45	6,112	1:05:38	5,759	1:06:14	6,522	0:50:52	6,723	4:09:30	6,253	0.343
113	7	Victor ALMEIDA DOMINGUEZ	AROMON	1:00:00	6,800	1:01:01	6,195	1:12:46	5,937	0:50:57	6,712	4:04:46	6,373	0.345
114	137	Luisa JANEIRO MOAS	Desguaces Ferreiro	1:09:21	5,883	1:07:06	5,633	1:19:00	5,468	0:51:47	6,604	4:27:14	5,838	0.346
115	149	Yago LESTIDO CARDAMA		1:13:02	5,586	1:14:47	5,055	1:32:43	4,659	1:01:52	5,528	5:02:25	5,158	0.350
116	237	Felix POSE		1:18:45	5,181	1:13:53	5,116	1:21:18	5,314	0:54:57	6,224	4:48:54	5,400	0.353
117	37	Carina CAAMAÑO LADO	Desguaces Ferreiro	1:09:20	5,885	1:07:34	5,594	1:18:41	5,490	0:51:40	6,619	4:27:17	5,837	0.354
118	300	José F. SOTO AMIL	Xistra	1:12:53	5,598	1:11:37	5,278	1:23:05	5,200	0:54:19	6,296	4:41:56	5,533	0.354
119	150	Antía LESTIDO CARDAMA		1:12:55	5,595	1:16:24	4,948	1:31:00	4,747	1:02:01	5,515	5:02:20	5,160	0.354
120	227	Rosa María PÉREZ GRADÁILLE	Trabandainas	1:17:47	5,245	1:28:18	4,281	1:32:09	4,688	1:06:32	5,140	5:24:47	4,803	0.354
121	95	José Ángel FERRO SANTIAGO		1:13:06	5,581	1:16:20	4,952	1:31:05	4,743	1:01:47	5,535	5:02:19	5,160	0.356
122	111	Juan Francisco GESTOSO PAZO		1:07:59	6,001	1:04:50	5,830	1:12:59	5,919	1:09:00	4,957	4:34:49	5,677	0.360
123	226	Gena PÉREZ GONZÁLEZ	Trabandainas	1:17:50	5,242	1:28:15	4,283	1:32:26	4,674	1:06:22	5,153	5:24:54	4,801	0.360
124	288	Antía SANMARCO MARTÍNEZ		1:12:12	5,651	1:10:41	5,348	1:16:12	5,669	0:51:50	6,598	4:30:56	5,758	0.361
125	290	Francisco José SANTOS VIDAL		1:21:43	4,993	1:24:49	4,457	1:25:47	5,036	0:58:18	5,866	5:10:39	5,022	0.363
126	79	Manuel DORCA ARMENTAL		1:21:46	4,990	1:24:52	4,454	1:25:42	5,041	0:58:19	5,865	5:10:40	5,021	0.365
127	248	Rogelio REY CAMPOS	A Peniza	1:08:04	5,994	1:03:28	5,956	1:14:13	5,821	1:09:03	4,953	4:34:49	5,677	0.366
128	160	María Del Carmen LORENZO PRA		1:20:37	5,061	1:26:03	4,393	1:23:01	5,204	1:00:26	5,659	5:10:09	5,030	0.368
129	144	Antonio LEIS BLANCO		1:18:28	5,200	1:28:09	4,288	1:29:10	4,845	1:03:16	5,406	5:19:04	4,889	0.368
130	143	Rober LEIS BLANCO		1:18:26	5,202	1:28:06	4,291	1:29:13	4,842	1:03:19	5,401	5:19:06	4,889	0.368
131	41	Saray CALO RIAL	Atletas Caninos 2.0	1:25:53	4,751	1:20:58	4,669	1:33:04	4,642	1:13:38	4,645	5:33:35	4,676	0.37
132	57	Jesús CELA BOISA		1:13:03	5,585	1:16:16	4,956	1:31:31	4,720	1:01:18	5,579	5:02:09	5,163	0.372
133	220	David PÉREZ BAÑA		1:13:04	5,584	1:16:19	4,953	1:31:28	4,723	1:01:18	5,579	5:02:10	5,163	0.372
134	18	Elena BARBÉ MARTIN	Trabandainas	1:15:05	5,434	1:13:54	5,115	1:26:13	5,011	0:55:11	6,198	4:50:24	5,372	0.376
135	162	Lourdes MALLO PARADA	Pinarium	1:07:22	6,056	1:00:03	6,295	1:14:11	5,823	0:48:08	7,105	4:09:46	6,246	0.380
136	125	Juan Carlos GONZÁLEZ PEREIRA	Pinarium	1:07:28	6,047	1:00:03	6,295	1:14:14	5,819	0:48:12	7,095	4:09:58	6,241	0.381

137	170	Elena MAROÑAS RIOS		1:06:21	6,149	1:03:06	5,990	1:12:08	5,989	0:47:49	7,152	4:09:26	6,254	0.383
138	145	María José LEMA BRIÓN	Sachacamiños	1:22:54	4,922	1:21:01	4,666	1:29:18	4,838	0:57:40	5,931	5:10:54	5,018	0.385
139	256	Paco RÍOS CERVIÑO	XESTEIRAS	1:23:33	4,883	1:16:37	4,934	1:24:19	5,124	0:56:03	6,102	5:00:33	5,190	0.386
140	202	Óscar NÚÑEZ AGUADO		1:21:34	5,002	1:25:02	4,445	1:25:38	5,045	0:57:29	5,950	5:09:45	5,036	0.387
141	36	Enrique CAAMAÑO CERNADAS	Trabandainas	1:11:45	5,686	1:20:43	4,683	1:40:28	4,300	1:11:47	4,764	5:24:45	4,804	0.387
142	72	Ana Isabel DOMINGUEZ ALVARE	OS TORAKKA	1:09:14	5,893	1:07:37	5,590	1:18:36	5,496	0:50:42	6,746	4:26:10	5,861	0.388
143	14	Jose ALVAREZ RODRIGUEZ	XISTRA	1:06:02	6,179	1:07:28	5,603	1:23:48	5,155	0:55:46	6,133	4:33:05	5,713	0.388
144	40	José Luis CALO GOMEZ		1:21:34	5,002	1:24:57	4,450	1:25:51	5,032	0:57:22	5,962	5:09:45	5,036	0.388
145	271	Jose Andres RODRIGUEZ MONTE	Aficionado	1:26:44	4,704	1:21:04	4,663	1:27:33	4,934	0:57:54	5,907	5:13:16	4,980	0.391
146	296	Agustin SERODIO CERVIÑO		1:05:52	6,194	1:05:01	5,814	1:26:28	4,996	0:58:09	5,881	4:35:31	5,662	0.392
147	100	Gonzalo FILGUEIRA IGLESIAS		1:18:26	5,202	1:28:02	4,294	1:30:01	4,799	1:02:38	5,460	5:19:08	4,888	0.392
148	279	Jose Manuel ROMEO DE BERNAR		1:26:53	4,696	1:20:58	4,669	1:27:37	4,931	0:57:50	5,914	5:13:20	4,979	0.394
149	74	Raul DOMÍNGUEZ DOMINGUEZ	Xistra	1:09:28	5,873	1:17:10	4,898	1:35:53	4,505	1:06:55	5,111	5:09:27	5,041	0.395
150	263	Monica RODRIGUEZ CASTIÑEIR	OS TORAKKA	1:09:06	5,904	1:07:48	5,575	1:18:36	5,496	0:50:38	6,754	4:26:10	5,861	0.397
151	94	Jesus FERRO MAGARIÑOS	CDM Xesteiras	1:07:30	6,044	1:05:21	5,784	1:17:59	5,540	0:49:42	6,881	4:20:34	5,987	0.400
152	306	Nano TORRES IGLESIAS		1:13:01	5,588	1:14:23	5,082	1:27:09	4,957	0:56:21	6,069	4:50:55	5,362	0.404
153	97	Secho FIGUEIRAS BLANCO		1:12:54	5,597	1:13:53	5,116	1:27:45	4,923	0:56:20	6,071	4:50:53	5,363	0.407
154	78	Manuel DOMÍNGUEZ VILARNOVO	Atletas Caninos 2.0	1:25:46	4,757	1:21:29	4,639	1:32:39	4,663	1:13:39	4,644	5:33:35	4,676	0.41
155	314	Jessica VARELA MELLA	TRIBU TRAIL	1:18:28	5,200	1:08:24	5,526	1:12:19	5,974	0:53:24	6,404	4:32:37	5,722	0.413
156	230	Juan Andrés PÉREZ PÉREZ	Unio' excursionistas Llançam	1:07:24	6,053	1:08:46	5,497	1:21:53	5,276	0:53:37	6,379	4:31:42	5,742	0.415
157	32	Ismael BRALO	TRIBU TRAIL	1:18:29	5,199	1:08:29	5,520	1:12:18	5,975	0:53:24	6,404	4:32:41	5,721	0.415
158	215	Xosé Lois PAZOS CAMPOS	CMXESTEIRAS	1:12:55	5,595	1:22:38	4,574	1:21:52	5,277	0:57:42	5,927	4:55:08	5,286	0.418
159	324	Marcos Adrian VILLALPANDO BA	Club de Montaña Abrakdabr	1:07:26	6,050	1:00:55	6,205	1:06:01	6,544	0:46:06	7,419	4:00:30	6,486	0.426
160	159	Xose Ramon LOPEZ TOJA		0:55:42	7,325	1:02:35	6,040	1:11:22	6,053	0:54:03	6,327	4:03:43	6,401	0.426
161	11	María Esperanza ÁLVAREZ MAYÁ	CLUB DE MONTAÑA SACHAC	1:17:10	5,287	1:26:43	4,359	1:25:25	5,058	0:58:36	5,836	5:07:56	5,066	0.427
162	181	Lurdes MARTINEZ MOSQUERA		0:55:38	7,334	1:02:43	6,027	1:11:18	6,059	0:54:00	6,333	4:03:39	6,403	0.429
163	80	Juan Carlos EIRAS DIZ		1:08:55	5,920	1:09:36	5,431	1:19:43	5,419	0:51:25	6,652	4:29:41	5,785	0.430
164	311	Maria URGAL GONZALEZ		1:09:52	5,840	1:14:00	5,108	1:27:36	4,932	0:57:41	5,929	4:49:10	5,395	0.432
165	242	Javier QUEIRUGA GARCIA	Club de Montaña AbraKdabr	1:07:25	6,052	1:00:54	6,207	1:15:59	5,685	1:10:30	4,851	4:34:49	5,677	0.435
166	108	Pedro GARCIA LOPEZ	CLUB PEÑA TREVINCA BARC	1:09:48	5,845	1:16:23	4,949	1:25:33	5,050	0:58:03	5,891	4:49:49	5,383	0.435
167	154	María Soledad LOPEZ ALVAREZ	CLUB PEÑA TREVINCA BARC	1:08:48	5,930	1:15:57	4,977	1:26:50	4,975	0:59:21	5,762	4:50:57	5,362	0.435
168	223	Marco Antonio PEREZ GARCIA	Club atletas caninos 2.0	1:25:51	4,752	1:20:41	4,685	1:33:12	4,635	1:13:57	4,625	5:33:43	4,675	0.44
169	267	Jose Luis RODRIGUEZ GARCIA	Trabandainas	1:08:32	5,953	1:09:33	5,435	1:20:56	5,338	0:51:57	6,583	4:30:59	5,757	0.441
170	134	Luisa IGLESIAS VILLANUEVA		1:11:56	5,672	1:16:13	4,960	1:26:21	5,003	0:56:23	6,066	4:50:54	5,363	0.444
171	87	Marina FERNANDEZ CASALDERR	AROMON	1:09:12	5,896	1:17:13	4,895	1:30:09	4,792	1:01:17	5,581	4:57:53	5,237	0.447
172	225	Joaquin PÉREZ GONZÁLEZ	Traban	1:17:48	5,244	1:28:13	4,285	1:26:15	5,009	0:58:25	5,854	5:10:43	5,021	0.451
173	69	Jose Miguel DE LA CAL GONZAL	CLUB PEÑA TREVINCA BARC	1:09:14	5,893	1:16:53	4,917	1:34:36	4,567	1:03:10	5,414	5:03:54	5,133	0.456

174	214	Serafin PAZ SANTOS		1:07:57	6,004	1:18:57	4,788	1:35:50	4,508	1:06:52	5,115	5:09:38	5,038	0.456
175	81	Hipolito ESTEVEZ GONZALEZ	Quintena	1:07:59	6,001	1:18:58	4,787	1:35:52	4,506	1:06:46	5,122	5:09:36	5,039	0.458
176	98	Daniel FIGUEIREDO FERNANDEZ		1:06:03	6,177	1:10:44	5,344	1:25:56	5,027	0:56:42	6,032	4:39:27	5,582	0.459
177	315	Antonio VARELA NIEVES	C. PEÑA TREVINCA MONTAÑA	1:05:53	6,193	1:14:18	5,087	1:21:09	5,323	0:55:55	6,116	4:37:17	5,626	0.474
178	303	Jimena TOLEDO IGLESIAS	C. PEÑA TREVINCA MONTAÑA	1:05:54	6,191	1:14:25	5,080	1:21:13	5,319	0:55:45	6,135	4:37:18	5,626	0.482
179	136	Antonio JALLAS RODRIGUEZ		1:24:30	4,828	1:30:39	4,170	1:25:09	5,073	0:58:26	5,853	5:18:45	4,894	0.482
180	262	María RIVERA ARNAÚ	Toxiza Clube de Montaña	1:00:36	6,733	1:04:20	5,876	1:09:11	6,244	0:46:39	7,331	4:00:48	6,478	0.487
181	158	Jaime LÓPEZ SÁNCHEZ	CLUB DE MONTAÑA SACHAC	1:00:03	6,794	1:00:17	6,270	1:13:37	5,868	0:46:42	7,323	4:00:41	6,482	0.494
182	292	Antonio SARMIENTO GARCÍA	Trabandainas	1:07:46	6,021	1:10:28	5,364	1:31:08	4,740	0:56:19	6,073	4:45:43	5,460	0.497
183	61	Carmen COUSO FRAIZ	CLUB PEÑA TREVINCA BARC	1:00:00	6,800	1:05:26	5,777	1:12:03	5,996	0:48:50	7,003	4:06:21	6,332	0.508
184	228	Jose Manuel PEREZ LAMPON	Sachacamiños	1:00:02	6,796	1:00:14	6,276	1:14:17	5,816	0:46:20	7,381	4:00:54	6,476	0.521
185	244	María Dolores RAÑA VICENTE	Xistra	1:06:05	6,174	1:04:32	5,857	1:15:21	5,733	0:45:27	7,525	4:11:27	6,204	0.542
186	138	Katarina KOLLAROVA		1:04:16	6,349	1:12:30	5,214	1:26:01	5,022	0:56:29	6,055	4:39:17	5,586	0.542
187	115	Oscar GOMEZ REBOREDO	Club Xesteirad	0:58:26	6,982	0:57:32	6,570	1:10:16	6,148	1:05:33	5,217	4:11:49	6,195	0.546
188	178	José Joaquín MARTÍNEZ MARTÍN	Sachacamiños	1:24:04	4,853	1:31:06	4,149	1:26:21	5,003	0:55:08	6,203	5:16:41	4,926	0.551
189	76	Miguel DOMÍNGUEZ GONZÁLEZ	Atletas Caninos 2.0	1:25:53	4,751	1:21:18	4,649	1:33:01	4,644	1:15:35	4,525	5:35:48	4,646	0.57
190	284	Javier SAA FERNÁNDEZ		1:24:10	4,848	1:11:03	5,320	1:16:42	5,632	0:49:56	6,849	4:41:53	5,534	0.578
191	118	Sagrario GONZÁLEZ FERNÁNDEZ	Trabandainas	1:07:13	6,070	1:11:18	5,302	1:36:18	4,486	1:14:51	4,569	5:09:43	5,037	0.579
192	12	José ÁLVAREZ MAYAN	Sachacamiños	1:22:52	4,924	1:32:09	4,102	1:18:18	5,517	0:57:31	5,946	5:10:53	5,018	0.609
193	323	Jose Manuel VILAS FERNÁNDEZ		1:00:53	6,701	0:57:33	6,568	1:05:05	6,638	1:07:59	5,031	4:11:33	6,202	0.617
194	174	Fernando MARTÍNEZ BEIS	Pinarium	1:08:59	5,914	1:01:43	6,125	1:07:27	6,405	0:42:54	7,972	4:01:04	6,471	0.618
195	321	Ignacio VILA ALONSO	OS TORAKKA	1:02:31	6,526	0:55:35	6,801	1:05:27	6,600	1:07:52	5,039	4:11:26	6,204	0.619
196	213	Rubén PAN MOLEDO		1:18:39	5,188	1:08:22	5,529	1:12:02	5,997	0:47:11	7,248	4:26:16	5,859	0.632
197	73	Ana DOMINGUEZ BESADA		1:10:09	5,816	1:16:27	4,944	1:29:01	4,853	0:52:14	6,548	4:47:52	5,419	0.641
198	23	Eduardo BARROSA PICÓN	Clube de Montaña Xistra	1:00:35	6,735	1:07:38	5,589	1:40:06	4,316	1:04:24	5,311	4:52:44	5,329	0.674
199	53	Raimundo CASTAÑO	ITBS	1:17:55	5,236	1:23:27	4,530	1:10:40	6,113	0:53:36	6,381	4:45:39	5,461	0.682
200	307	Manuel TRIGO BAO		1:01:37	6,622	0:53:56	7,009	1:07:59	6,354	1:11:22	4,792	4:14:56	6,119	0.738
201	5	Ricardo ALBORÉS FILGUEIRA		1:18:34	5,193	1:08:21	5,530	1:12:06	5,992	0:42:43	8,006	4:21:46	5,960	0.819
202	70	Bernardo DIOS CAAMAÑO	Sachacamiños	1:23:59	4,858	1:21:00	4,667	1:36:26	4,480	1:15:14	4,546	5:36:40	4,634	1.25
203	129	Maria HERMO TOME		1:23:33	4,883	1:24:23	4,480	1:37:15	4,442		4,549	5:40:24	4,583	1.45
204	289	Lorena SANTOS GRELA		1:23:27	4,889	1:24:30	4,473	1:37:04	4,451	1:15:20	4,540	5:40:23	4,583	1.48
205	39	Lia CAJARAVILLE LOJO		1:30:43	4,498	1:29:36	4,219	1:40:36	4,294	1:13:37	4,646	5:54:33	4,400	1.57
206	198	Maite MOSQUERA NOYA	CDM VÉRTICE	1:24:31	4,827	1:26:29	4,371	1:43:07	4,189	1:16:53	4,448	5:51:01	4,444	1.79
207	52	Alberto CASÁS CANOURA		1:21:27	5,009	1:24:01	4,499	1:34:17	4,582	1:16:02	4,498	5:35:49	4,645	1.80
208	249	María Jesús REY DOMÍNGUEZ	Libre	1:21:25	5,011	1:24:05	4,496	1:34:10	4,588	1:16:10	4,490	5:35:51	4,645	1.82
209	233	Milagros PIÑEIRO FREIRE		1:24:01	4,856	1:25:56	4,399	1:44:06	4,150	1:16:56	4,445	5:51:01	4,444	1.88
210	31	Javier BOUZAS	Vintedouspes	1:26:52	4,697	1:21:16	4,651	1:44:03	4,152	1:13:52	4,630	5:46:05	4,508	2.02

211	50	Maria Luisa CARREGAL DA COST		1:18:19	5,210	1:26:56	4,348	1:34:20	4,580	1:14:17	4,604	5:33:54	4,672	2.56
212	166	Julian MARCOS DIAZ		1:18:20	5,209	1:26:49	4,354	1:34:20	4,580	1:14:27	4,594	5:33:58	4,671	2.56
213	273	Amparo RODRIGUEZ SANTAELL	Aviva sport club	1:23:16	4,900	1:27:47	4,306	1:43:21	4,180	1:13:46	4,636	5:48:11	4,480	2.62
214	222	Salvador Manuel PEREZ GARCIA	trabandainas	1:24:40	4,819	1:22:43	4,570	1:38:49	4,372	1:06:06	5,174	5:32:19	4,694	2.63
215	88	Manuel José FERNÁNDEZ FIGUEI	Trabandainas	1:24:40	4,819	1:23:05	4,550	1:38:33	4,384	1:06:06	5,174	5:32:25	4,693	2.65
216	26	Óscar BLANCO CES	Hboandainers	1:19:10	5,154	1:28:07	4,290	1:39:26	4,345	1:15:25	4,535	5:42:10	4,559	2.76
217	27	Paula BLANCO MÉNDEZ	Hboandainers	1:18:55	5,170	1:28:15	4,283	1:39:36	4,337	1:15:18	4,542	5:42:05	4,560	2.82
218	106	Maria Pilar GARCIA	CDM VERTICE	1:24:36	4,823	1:28:01	4,295	1:45:50	4,082	1:12:32	4,715	5:51:02	4,444	2.90
219	201	Carmen NOYA GUERRA	CDM VÉRTICE	1:24:29	4,829	1:28:00	4,295	1:45:54	4,079	1:12:40	4,706	5:51:05	4,443	2.90
220	10	José Manuel ALONSO ORTIZ	Trabandainas	1:23:19	4,897	1:24:44	4,461	1:38:01	4,407	1:06:13	5,165	5:32:19	4,694	2.98
221	29	Jose Felix BOLAÑO CARRERA	Trabandainas	1:23:25	4,891	1:24:48	4,458	1:38:03	4,406	1:06:02	5,179	5:32:20	4,694	3.02
222	229	Francisco PEREZ ORTIZ	Sachacamiños	1:17:13	5,284	1:28:57	4,250	1:35:48	4,509	1:14:40	4,580	5:36:40	4,634	3.03
223	64	Victoria CRUGEIRAS ROMANO	Sachacamiños	1:23:58	4,859	1:25:23	4,427	1:44:56	4,117	1:09:21	4,932	5:43:39	4,540	3.12
224	217	Dolores PENA PAZ	Sachacamiños	1:24:04	4,853	1:26:58	4,346	1:43:16	4,183	1:09:20	4,933	5:43:40	4,539	3.14
225	139	Leticia LAGOS SOBRINO		1:20:44	5,054	1:27:32	4,318	1:44:37	4,129	1:13:24	4,659	5:46:20	4,504	3.16
226	169	María MAROÑAS		1:20:44	5,054	1:27:31	4,319	1:44:39	4,128	1:13:22	4,662	5:46:17	4,505	3.17
227	239	Ana Teresa PRIETO OTERO		1:23:01	4,915	1:28:17	4,282	1:46:54	4,041	1:12:40	4,706	5:50:53	4,446	3.24
228	301	Antonio SUÁREZ BLANCO		1:21:51	4,985	1:33:16	4,053	1:36:59	4,454	1:10:34	4,846	5:42:42	4,552	3.31
229	2	Jose Luis ABOAL RAMOS	CDM Xesteiras	1:19:15	5,148	1:22:15	4,596	1:41:21	4,262	1:07:42	5,052	5:30:35	4,719	3.35
230	112	Jose Francisco GIL MOREIRA	CdM Xesteiras	1:17:51	5,241	1:29:38	4,217	1:34:17	4,582	1:08:44	4,976	5:30:32	4,720	3.54
231	45	Alicia CANTO PASTOR		1:20:41	5,057	1:28:14	4,284	1:49:18	3,952	1:12:50	4,696	5:51:05	4,443	3.79
232	318	Antonio VÁZQUEZ VÁZQUEZ	TRAILEROS TOXOS E BIRRAS	1:18:10	5,220	1:27:26	4,323	1:38:50	4,371	1:06:33	5,139	5:30:59	4,713	4.16
233	151	Rosa María LIMIA PEÑA	TRAILEROS TOXOS E BIRRAS	1:18:08	5,222	1:27:29	4,321	1:38:45	4,375	1:06:30	5,143	5:30:54	4,714	4.17
234	82	Jose Manuel ESTÉVEZ MARTÍNEZ		1:23:52	4,865	1:25:52	4,402	1:46:39	4,051	1:04:06	5,335	5:40:31	4,581	4.37
235	184	María Luisa MARTÍNEZ RAMILO		1:23:44	4,873	1:26:18	4,380	1:46:15	4,066	1:04:08	5,333	5:40:27	4,582	4.40
236	193	Ana MEIZOSO AMENEIRO	Caxado	1:12:35	5,621	1:21:52	4,617	1:51:03	3,890	1:16:54	4,447	5:42:26	4,556	4.75
237	196	Carlos MORAÑA VARELA	Club de Montaña Abracadab	1:17:42	5,251	1:30:32	4,175	1:47:39	4,013	1:06:18	5,158	5:42:13	4,559	5.55
238	268	Montserrat RODRÍGUEZ GONZÁL		1:17:23	5,272	1:30:10	4,192	1:49:17	3,953	1:06:44	5,125	5:43:35	4,540	5.63
239	110	Uxia GARCIA RODRIGUEZ		1:17:22	5,274	1:29:59	4,201	1:49:35	3,942	1:06:38	5,133	5:43:34	4,541	5.66
240	96	José FIGUEIRAS	Trabandainas	1:09:50	5,842	1:22:46	4,567	1:50:41	3,903	1:09:13	4,941	5:32:31	4,691	5.78
DNF	34	Bea BRAVO GONZÁLEZ		1:23:46	4,871					1:05:22	5,232	5:46:03		
DNF	153	Natalia LOJO BLANCO	VINTEDOUSPES	1:30:43	4,498					1:11:34	4,779	5:54:26		
DNF	328	Mº Del Carmen VITURRO SANCHE		1:30:56	4,487					1:11:25	4,789	5:54:27		
FT.	35	Julio BUSTELO		0:54:26	7,495	1:00:43	6,226	0:49:49	8,672	0:41:15	8,291	3:26:15		
FT.	148	Ricardo LEON NUÑEZ	CLUB PEÑA TREVINCA BARC	1:09:14	5,893	1:15:33	5,003					3:33:02		
FT.	124	Julio GONZALEZ PAZ	Sachacamiños	1:17:13	5,284	1:23:55	4,504					3:33:40		
FT.	38	Santiago Francisco CAJARAVILL	VINTEDOUSPES	1:30:56	4,487							3:39:42		

FT.	152	Ana Carmen LOIRA SANTOS	Xesteiras	1:23:33	4,883							3:40:38
FT.	99	Manoli FILGUEIRA GANDARELA	Club de montaña Abrakdabra	1:08:09	5,987	1:08:34	5,513					3:41:06
FT.	131	Jessica IGLESIAS NOVAS		1:23:47	4,870							3:45:51
FT.	15	Cristian ALVAREZ TATO	CLUB PEÑA TREVINCA BARCO	0:58:27	6,980	0:56:22	6,706	1:03:50	6,768	0:49:08	6,961	3:47:49
FT.	46	Lucio CAO MANUEL	CLUB PEÑA TREVINCA BARCO	0:59:57	6,806	0:54:59	6,875	1:03:44	6,778	0:49:08	6,961	3:47:49
FT.	163	Angel MALVESADA TATO	CLUB PEÑA TREVINCA BARCO	0:58:32	6,970	0:56:36	6,678	1:03:44	6,778	0:48:59	6,982	3:47:53
FT.	313	Juan Manuel VALLE ALONSO	CLUB PEÑA TREVINCA BARCO	1:00:01	6,798	0:55:02	6,869	1:03:47	6,773	0:49:02	6,975	3:47:53
FT.	295	Camilo SERANTES MANEIRO	ADC Arnela	0:59:13	6,890	0:57:04	6,624	1:06:17	6,517	0:45:34	7,505	3:48:09
FT.	156	Carlos LOPEZ GUDIÑA	CLUB PEÑA TREVINCA BARCO	0:59:52	6,815	0:58:18	6,484	1:05:13	6,624	0:47:57	7,132	3:51:21
FT.	55	Aurelio CASTRO RODRIGUEZ	CLUB PEÑA TREVINCA BARCO	0:59:52	6,815	0:56:30	6,690	1:07:05	6,440	0:47:59	7,127	3:51:27
FT.	276	Diego ROJO GARRIDO	Galicia Máxica Trail	1:08:03	5,996	0:57:15	6,603	1:04:59	6,648	0:45:59	7,437	3:56:18
FT.	90	Juan Carlos FERNANDEZ OLIVEI		1:01:37	6,622	0:56:28	6,694	1:10:37	6,118	0:48:37	7,035	3:57:21
FT.	165	Jorge MANZANARES RODRIGUE		1:28:34	4,607					1:17:36	4,407	6:00:42
FT.	265	María RODRÍGUEZ BOUZAS		1:28:37	4,604					1:17:35	4,408	6:00:42
DNF	43	Ángel Santiago CAMPOS PENA	Vintedouspes	1:42:45	3,971							
DNF	171	Xesus MARQUINA LEAL		1:40:57	4,042							
DNF	49	Pepe CARNEIRO VICENTE		1:17:14	5,283	1:30:24	4,181					
DNF	107	Gema GARCÍA ARNOSO	Sachacamiños	1:17:21	5,275	1:23:46	4,513					
DNF	3	Javier ABUIN IGLESIAS	Vintedouspes	1:24:11	4,847	1:17:08	4,901					
DNF	33	José Félix BRAVO GONZÁLEZ		1:23:50	4,867							
DNF	48	Carlos CARDAMA CALVO		1:23:47	4,870	1:34:03	4,019	1:50:55	3,895			
DNF	58	Manuel CES CRISTOBO	TRIBU TRAIL	1:24:27	4,831	1:32:57	4,067	1:49:44	3,937			
DNF	63	Aroa CRUCES DUYOS		1:24:20	4,838	1:11:58	5,252	2:13:04	3,246			
DNF	75	Eva DOMÍNGUEZ GARCÍA	TRIBU TRAIL	1:24:20	4,838	1:33:01	4,064	1:49:47	3,935			
DNF	122	José Manuel GONZÁLEZ MORÁN	TRABANDAINAS	1:27:44	4,650							
DNF	123	Sara GONZÁLEZ NÚÑEZ		1:34:12	4,331							
DNF	128	Pablo HERBON MIGUENS	V Láctea	1:27:41	4,653							
DNF	133	Javier IGLESIAS VIGO		1:24:17	4,841	1:33:38	4,037	1:50:53	3,896			
DNF	141	Bieito LANDEIRA SAAVEDRA		1:37:00	4,206							
DNF	155	Gerardo LÓPEZ FERNÁNDEZ	Vía Láctea	1:27:48	4,647							
DNF	173	Natalia MARTÍNEZ BARBEITO		1:23:53	4,864							
DNF	175	Maria Teresa MARTINEZ BLANCO	Sachacamiños	1:27:32	4,661							
DNF	188	María Jesús MARZOA REY	Trabandainas	1:32:51	4,394							
DNF	189	María José MAYAN QUINTANS	Club de Montaña Abrakdabra	1:17:39	5,254	1:30:25	4,181	1:55:26	3,742			
DNF	208	Mercedes OTERO CHENEL	V Láctea	1:27:53	4,643							
DNF	218	Marcos PEREIRA RODRÍGUEZ		1:36:48	4,215							
DNF	219	Mónica PÉREZ ÁLVAREZ	Club Vía Láctea	1:23:09	4,907	1:32:34	4,084	1:59:25	3,618			

DNF	234	Maria Del Pilar PIÑEIRO REY	Abrakdabra	1:17:46	5,246	1:30:22	4,183	1:55:14	3,749
DNF	235	Marina PLATA BLANCO		1:34:09	4,334				
DNF	251	Ramón REY GONZÁLEZ	VINTEDOUSPES	1:24:13	4,845	1:17:01	4,908		
DNF	259	Carmen RIVAS GONZÁLEZ		1:34:10	4,333				
DNF	264	Lucia RODRIGUEZ ALONSO		1:36:48	4,215				
DNF	275	Eliseo RODRÍGUEZ SUÁREZ		1:32:51	4,394				
DNF	282	Marcela RUEDA	Trabandainas	1:32:47	4,397				
DNF	286	Maria Jose SANCHEZ BLANCO	Abrakdabra	1:17:44	5,249	1:30:23	4,182	1:55:12	3,750
DNF	305	Juan Manuel TORRES CELA	Trabandainas	1:32:56	4,390				
DNF	320	Miryam VIGO BALEIRON		1:23:55	4,862	1:34:17	4,009	1:51:04	3,890
DNF	326	Elena VILLAVERDE BOTANA	V láctea	1:27:44	4,650				
DNF	327	Claudia VIQUEIRA SOMOZA		1:36:47	4,216				